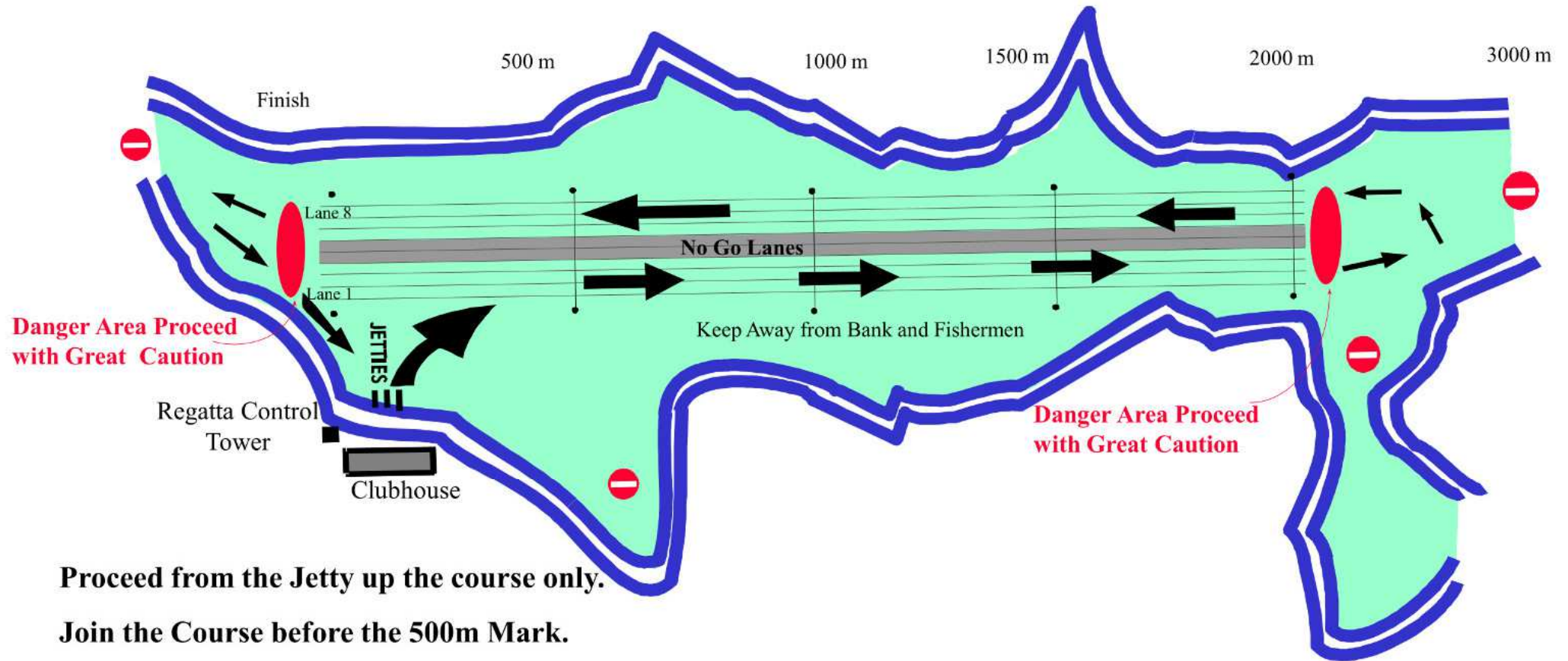


The Alan Francis Rowing Course Training Traffic Rules



Proceed from the Jetty up the course only.

Join the Course before the 500m Mark.

Go up the Course in Lanes 1, 2 and 3 and Come down the Course 6, 7 and 8.

Lanes 4 and 5 are No-Go Lanes.

Crews may cross the Course, but must do so at Right Angles. Boats on the Course have Right-of-Way.

● ——— **Training** ——— ●